

Internet Safety Workshop Outline and Resources

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- Welcome
- Internet Safety PowerPoint from <http://www.internetsafety.com/internet-safety-presentations.php>
- Resources mentioned:
 - Teaching Internet Safety
 - www.netsmartz.org
 - www.netsmartzkids.org
 - www.NSTeens.org
 - www.internetsafety.com
 - Filtering Computers, IPOD's, IPADS
 - Safe Eyes - <http://www.internetsafety.com>
 - www.mobicip.com
 - Consider enable restrictions on Ipod/Ipad - <http://www.internetsafety.com/support/article.php?id=556>
 - Enable Safe Search on Google <http://www.google.com/familysafety/tools.html>
 - Monitoring Software:
 - <http://www.webwatchernow.com>
 - <http://www.covenanteyes.com/>
 - Other Filtering Software can give you reports
 - Feel clueless about the Internet – educate yourself:
 - <http://www.learnthenet.com/index.php>
 - www.internetsafety.com
- Western Sierra Charter Schools Internet use policy:
 - Privilege, not a right
 - For Educational Use
 - Inappropriate does not always mean in itself 'bad' or illegal
 - No Plagiarism or Copyright infringement
 - Communication must be appropriate
 - No inflammatory language or profanity
 - No threats or revealing of others personal information
 - Do not reveal own personal contact information without written permission by Charter School
 - Illegal, Dangerous Activities, and Hacking – Do not try to evade restrictions
 - Internet and computer use is monitored and subject to review
 - Commercial Activities – No buying or selling unless authorized by Charter School in writing
 - Violations can result in loss of privilege and possible legal action

Internet Safety's 5 Tips for Creating a Cybersafe Home™

This generation of parents is the first to face the challenge of helping our children make the most of their virtual space while keeping them safe in it. If you're still getting your footing in virtual parenting, don't worry. InternetSafety.com has the following tips to help ensure that your child's online experience remains positive.

1. Become a net-savvy parent

The best safeguard against online dangers is being informed. Jump in and learn the basics of the Internet—read articles, take a class, and talk to other parents. A good place to start with some basics is www.LearnTheNet.com. A good place to stay current with the latest in online technology is mashable.com. You don't have to be an expert to have a handle on your child's online world.

2. "Chat" with your kids

Develop an open dialogue so that you can talk with your kids about the benefits and dangers of the Internet. Cultivate an interest in their online activities—their favorite Web sites, online games, and interests. And don't be afraid to ask your children who they are talking to online and what they are talking about.

3. Agree on a game plan

Use the [InternetSafety.com Gameplan™](#) to formally agree on your family's guidelines for using the Internet. Post them near the family computer as a reminder. Ensure that your kids know to never share personal information on the Internet and that they should tell you about any online activity or contact that makes them uncomfortable.

4. Protect your computer

Take advantage of the software that exists to help parents manage their children's computer experience. In only a few minutes, parental control software like [Safe Eyes](#) can block inappropriate websites, restrict the amount of time that your kids use the Internet and monitor their Instant Messenger chats to protect against predators.

5. Explore the Internet as a family

With a game plan and a protected computer, you can now encourage your family to take advantage of all that the Internet has to offer. Take a genuine interest in what your kids are doing and stay engaged with them online.



Family Internet Safety Gameplan™

The following Gameplan establishes the online ground rules for our home. We will display this Gameplan and update it periodically as our children grow older.

- 1. We will never give out personal information such as our last name, address or phone number.** We should also not give out the name of our school, our city, our siblings, our sports team or our parent's workplace.
- 2. We all agree to not give our passwords to anyone outside of our family.** We have all agreed upon user names to use while we are on the Internet. I will not change the settings for my computer or my password without my parent's permission.
- 3. We all agree to limit our online time so that it doesn't interfere with other activities.** We agree to follow the time limits that our family sets and not let the Internet take time away from homework, sports, face-to-face interactions or family time.
- 4. I will never meet an online friend in person.** Just as I stay away from strangers on the street, I will be careful about strangers on the Internet. If anyone ever asks to meet with me off line, I will notify my parents immediately.
- 5. I will tell my mom or dad right away if I come across something that makes me feel uncomfortable.** If anyone uses bad language or mentions things that make me uncomfortable, I will immediately log off and tell my parents.
- 6. I will not remain on or click on a page that says, "For Over 18 Years Only."** If this happens, I will log off and I will let my parents know. I understand that I'm only a click away from bad sites and that these pages are definitely not for kids.
- 7. I will only download pictures and files with my parent's permission.** Some of these files may contain inappropriate pictures or dangerous viruses that could mess up our computer.
- 8. I will not send pictures of my family or myself to anyone online.** The only way that I am allowed to do this is if my parents say it is all right.
- 9. I will be safe everywhere.** I will follow the same Internet safety rules at my friends' houses, at school and at the library that I do while I'm at home.
- 10. I understand that nothing is private on the Internet.** I agree that my mom or dad can read my mail or check the sites that I have been visiting — not because they don't trust me but because they just want to make sure that I am safe.

We agree to the above InternetSafety.com Gameplan:

Child's Signature

Parent's Signature